



## 5047 Melissa Under Tee

Modern Fit  
Round Neck  
Soft Knit Stretch Fabric  
57% Cotton / 38% Polyester / 5% Spandex  
Shown In Carnation Pink

Sizes  
XS - 3X



Also Available in Black & Pewter



Main Fabric: 91% Polyester / 9% Spandex

**2500 Monica Top**

Modern Fit  
4 Pockets  
V-Neck  
Princess Seams  
Colour Shown: Carnation Pink

Sizes:  
XS - 3X



**2525 Madison Top**

Modern Fit  
4 Pockets  
Mock Wrap Neckline  
Front & Back Princess Seams  
Colour Shown: Caribbean

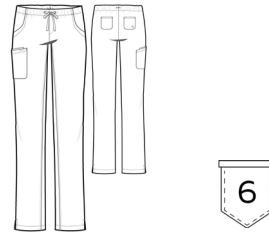
Sizes:  
XS - 3X



**9560 Rebecca Pant**

Modern Fit  
6 Pockets  
Mid Rise Elastic Waistband  
Straight Leg  
Colour Shown: Ceil

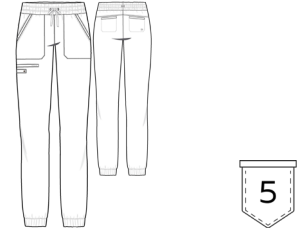
Sizes:  
XS - 3X (Inseam 31.5")



**9575 Renee Jogger**

Modern Fit  
5 Pockets  
Mid Rise  
Jogger Leg with Elastic Cuff  
Utility Snap Tab  
Colour Shown: Royal

Sizes:  
XS - 3X (Inseam 28")



Black	Black	Black	Black
Navy	Navy	Navy	Navy
Pewter	Pewter	Pewter	Pewter
Caribbean	Caribbean	Caribbean	
Wine	Wine	Wine	Wine
Royal	Royal	Royal	Royal
Eggplant	Eggplant	Eggplant	Eggplant
Ceil	Ceil	Ceil	Ceil
Teal	Teal	Teal	Teal
Red	Red	Red	
Carnation Pink		Carnation Pink	Carnation Pink





Spandex Stretch



Easy Care



Moisture Wicking

### 9500 Rachel Pant

Modern Fit  
7 Pockets  
Mid Rise  
HH Logo Contrast Waistband  
Pick Stitch & Piping Detailing  
Straight Leg  
Colour Shown: Red

Sizes:  
XS - 3X (Inseam 31.5")

### 2510 Mila Maternity Top

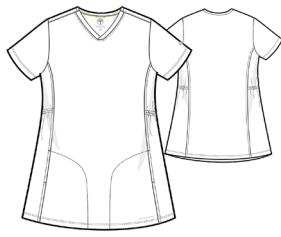
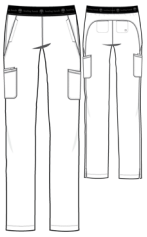
Modern Fit  
2 Pockets  
V-Neck  
Side Elastic at Princess Panel  
Colour Shown: Navy

Sizes:  
XS - 3X

### 9510 Rose Maternity Pant

Modern Fit  
6 Pockets  
High Rise  
Over the Belly Knit Waistband  
Straight Leg  
Colour Shown: Black

Sizes:  
XS - 3X (Inseam 31")



Black	Black	Black
Navy	Navy	Navy
Pewter		
Caribbean		
Wine		
Royal		
Eggplant		
Ceil		
Teal		
Red		



Main Fabric: 91% Polyester / 9% Spandex

**2590 Mathew Top**

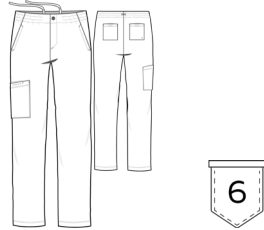
Modern Fit  
4 Pockets  
Crossover V-Neck  
Back Yoke  
Colour Shown: Wine

Sizes:  
XS - 3X

**9590 Ryan Pant**

Modern Fit  
6 Pockets  
Mid Rise Elastic Waist  
Button Closure  
Functional Zipper Fly  
Internal Drawcord  
Colour Shown: Pewter

Sizes:  
XS - 3X (Inseam 32")



Black	Black
Navy	Navy
Pewter	Pewter
Caribbean	Caribbean
Wine	Wine
Royal	Royal

Good Karma  Healing Hands



Main Fabric: 77% Polyester / 20% Rayon / 3% Spandex

### 2245 Juliet Top

Modern Fit  
2 Pockets  
V-Neck  
Ribbon & Grommet Detail  
Knit Side Panels  
Colour Shown: Shocking Pink

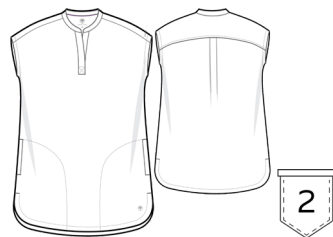
Sizes:  
XS - 3X



### 2352 Journey Top

Relaxed Fit  
2 Pockets  
Mandarin Collar With One-Button  
Half-Placket  
Back Yoke  
Colour Shown: Olive

Sizes:  
XS - 3X



### 9350 Tate Jogger

Modern Fit  
5 Pockets  
Mid Rise Waist Elastic Back Waist  
With Drawstring  
Jogger Leg  
Colour Shown: Sunset

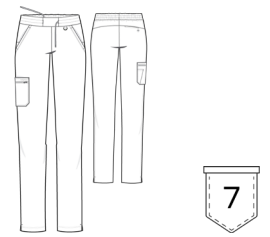
Sizes:  
XS - 3X



### 9181 Tamara Pant

Modern Fit  
6 Pockets  
Mid Rise Waist With Two Way  
Drawstring & Badge D-Ring Detail  
Narrow Leg  
Colour Shown: Royal

Sizes:  
XS - 3X (Inseam 31")



Black
Caribbean
Navy
Pewter
Wine
Royal
Hunter
Teal
Turquoise
Shocking Pink

Pewter	Pewter
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Black
Caribbean
Navy
Pewter
Wine
Royal

Olive	Olive
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Luxurious Fabric



4-Way Stretch



Moisture Wicking

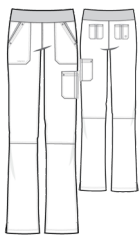


Easy Care

### 9133 Tori Pant

Modern Fit  
5 Pockets  
Mid Rise Yoga Knit Waistband  
Ribbon & Grommet Detail  
Straight Leg  
Colour Shown: Turquoise

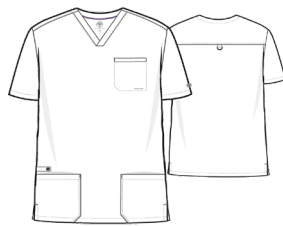
Sizes:  
XS - 3X (Inseam 30.5")



### 2331 Jake Top

Modern Fit  
3 Pockets  
V-Neck  
Utility Snap  
Back Yoke with D-Ring Detail  
Colour Shown: Wine

Sizes:  
XS - 3X



### 9300 Daniel Pant

Modern Fit  
6 Pockets  
Mid-Rise Elastic Waist  
Two Way Drawstring  
Functional Zipper Fly  
Narrow Leg  
Colour Shown: Pewter

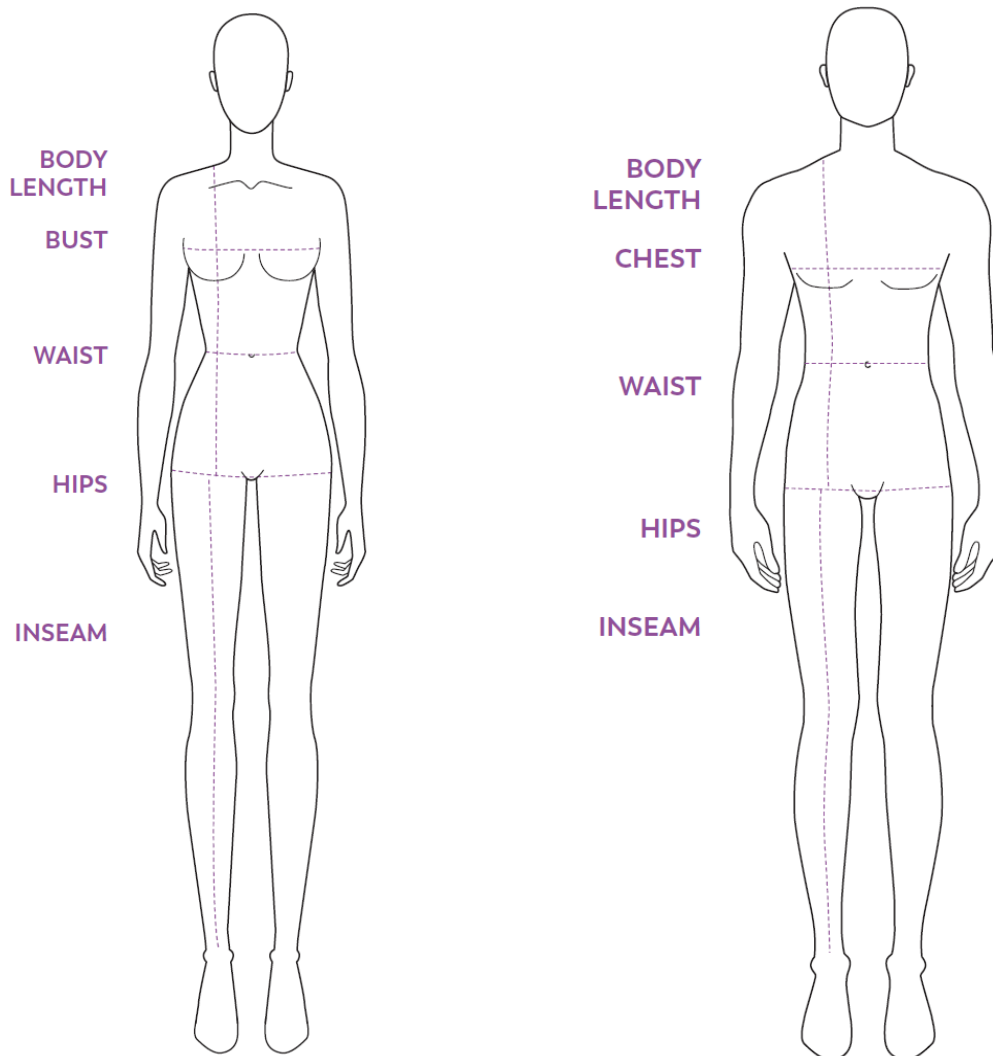
Sizes:  
XS - 3X (Inseam 31.5")



Black	Black	Black
Caribbean	Caribbean	Caribbean
Navy	Navy	Navy
Pewter	Pewter	Pewter
Wine	Wine	Wine
Royal	Royal	Royal
Hunter		
Teal		
Turquoise		
Shocking Pink		



# How to get the perfect fit



## **Bust / Chest**

Measure under the arms and across the fullest area of bust/chest.

## **Waist**

Measure around the smallest part of your waist

## **Hip**

Measure around the fullest part of your hips

## **Inseam**

Measure from the top of your inner thigh to the ankle bone

# Size Guides



## Ladies US Size Guide (inches)

Purple Label by Healing Hands ®

Size	0 - 2	4 - 6	8 - 10	12 - 14	16 - 18	20 - 22	24 - 26
	XS	S	M	L	XL	2XL	3XL
Bust	30 - 33	33 - 35	35 - 37	37 - 40	40 - 43	43 - 47	47 - 51
Waist	24 - 26	26 - 28	28 - 30	30 - 33	33 - 36	36 - 40	40 - 44
Hip	34 - 36	36 - 38	38 - 40	40 - 43	43 - 46	46 - 50	50 - 54

## Ladies AU Converted Size Guide (cm)

Purple Label by Healing Hands ®

Size	4 - 6	8 - 10	10 - 12	12 - 14	14 - 16	16 - 18	18 - 20
	XS	S	M	L	XL	2XL	3XL
Bust	76 - 84	84 - 89	89 - 94	94 - 102	102 - 109	109 - 119	119 - 130
Waist	61 - 66	66 - 71	71 - 76	76 - 84	84 - 91	91 - 102	102 - 112
Hip	86 - 91	91 - 96	96 - 102	102 - 109	109 - 117	117 - 127	127 - 137

## Men's US Size Guide (inches)

Purple Label by Healing Hands ®

Size	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56
	XS	S	M	L	XL	2XL	3XL
Chest	32 - 34	36 - 37	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56
Waist	27 - 28	29 - 31	32 - 34	35 - 38	39 - 42	42 - 46	47 - 50
Hip	32 - 34	35 - 37	38 - 40	41 - 44	45 - 48	49 - 52	53 - 56

## Men's AU Converted Size Guide (cm)

Purple Label by Healing Hands ®

Size	77 - 82	87 - 92	97 - 102	107 - 112	117 - 122	127 - 132	137 - 142
	XS	S	M	L	XL	2XL	3XL
Chest	81 - 86	91 - 94	96 - 102	107 - 112	117 - 122	127 - 132	137 - 142
Waist	69 - 71	74 - 79	81 - 86	89 - 96	99 - 107	109 - 117	119 - 127
Hip	81 - 86	89 - 94	96 - 102	104 - 112	114 - 122	124 - 132	135 - 142



# Size Guides



## Ladies US Size Guide (inches)

HH Works by Healing Hands ®

Size	0 - 2	4 - 6	8 - 10	12 - 14	16 - 18	20	22 - 24	26 - 28
	XS	S	M	L	XL	1X	2XL	3XL
Bust	32 - 33	34 - 35	36 - 37	38 - 40	41 - 43	44 - 46	47 - 49	50 - 52
Waist	24 - 25	26 - 27	28 - 30	31 - 33	34 - 36	36.5 - 38.5	39 - 41	42 - 44
Hip	34 - 35	36 - 37	38 - 40	41 - 43	44 - 46	46.5 - 48.5	49 - 51	52 - 54

## Ladies AU Converted Size Guide (cm)

HH Works by Healing Hands ®

Size	4 - 6	8 - 10	12 - 14	16 - 18	20 - 22	24	26 - 28	30 - 32
	XS	S	M	L	XL	1X	2XL	3XL
Bust	81 - 84	86 - 89	91 - 94	97 - 102	104 - 109	112 - 117	119 - 124	127 - 132
Waist	61 - 64	66 - 69	71 - 76	79 - 84	86 - 91	93 - 98	99 - 104	107 - 112
Hip	86 - 89	91 - 94	97 - 102	104 - 109	112 - 117	118 - 123	124 - 130	132 - 137

## Men's US Size Guide (inches)

HH Works by Healing Hands ®

Size	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56
	XS	S	M	L	XL	2XL	3XL
Chest	32 - 34	36 - 37	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56
Waist	27 - 28	29 - 31	32 - 34	35 - 38	39 - 42	42 - 46	47 - 50
Hip	32 - 34	35 - 37	38 - 40	41 - 44	45 - 48	49 - 52	53 - 56

## Men's AU Converted Size Guide (cm)

HH Works by Healing Hands ®

Size	77 - 82	87 - 92	97 - 102	107 - 112	117 - 122	127 - 132	137 - 142
	XS	S	M	L	XL	2XL	3XL
Chest	81 - 86	91 - 94	96 - 102	107 - 112	117 - 122	127 - 132	137 - 142
Waist	69 - 71	74 - 79	81 - 86	89 - 96	99 - 107	109 - 117	119 - 127
Hip	81 - 86	89 - 94	96 - 102	104 - 112	114 - 122	124 - 132	135 - 142