

# SIZING & HOW TO MEASURE

## TRADITIONAL FIT

Workwear garments are traditionally bigger in terms of fit compared to fashion or casualwear. Bisley garments are well known for their generous fit, providing greater comfort and movement when you work.

**The ease for Traditional Fit shirts is 23cm.**

## MODERN FIT

Bisley Modern Fit shirts are half size smaller than the Traditional Fit. Bisley Modern Fit pant is lower waisted and slightly slimmer in the leg.

**The ease for Modern Fit shirts is 19cm.**

## ACTIVE FIT

Bisley Active Fit shirts are one size smaller than the Traditional Fit.

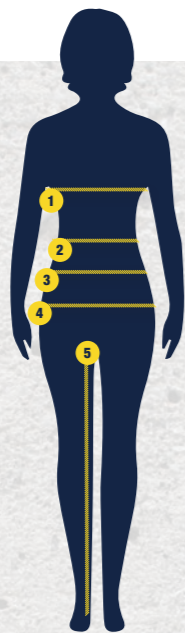
**The ease for Active Fit shirts is 15cm.**

## EASE

Ease is the amount of excess volume in a garment needed for regular body movement. It is the difference between body measurement and garment measurement. Having ease is very important because this added volume allows you to breathe, move your arms forward, bend your elbows, sit, walk, and do all your normal daily activities in comfort and without restriction.

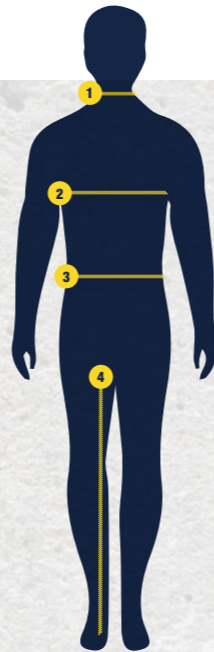
## WOMEN'S MEASUREMENTS

- BUST:** Measure around the fullest part of the bust under the arms with your arms at resting position.
- WAIST:** Measure over undergarments at the natural waistline (usually approx. 1cm above the navel).
- LOWER WAIST:** Measure over undergarment approx. 4cm below the natural waistline.
- HIP:** Measure over undergarments at hips (usually the widest part and is approx. 25cm below the waistline).
- IN-LEG:** Measure from crotch to floor, with shoes.



## MEN'S MEASUREMENTS

- NECK:** Measure around the neck where the top of the shirt collar would sit.
- CHEST:** Standing naturally, measure around the fullest part of the chest and shoulder, under the arms with your arms at resting position.
- WAIST:** Measure over undergarments at the natural waistline (usually approx. 1cm below the navel).
- IN-LEG:** Measure from crotch to floor, with shoes.



WOMEN'S - ALL STYLES										
Size	6	8	10	12	14	16	18	20	22	24
To fit body bust size (cm)	80	85	90	95	100	105	110	115	120	125
To fit body natural waist size (cm)	60	65	70	75	80	85	90	95	100	105
To fit body lower waist size (cm)	67	72	77	82	87	92	97	102	107	112
To fit body hip size (cm)	87	92	97	102	107	112	117	122	127	132
In-leg length (cm)	75	75	77	77	80	80	80	80	80	80

MEN'S - JACKETS / KNITWEAR										
Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
To fit body chest size (cm)	87	92	97	102	107	112	117	122	127	132
To fit body chest size (inches)	34	36	38	40	42	44	46	48	50	52

MEN'S - SHIRTS										
Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
To fit neck Size (cm)	36	37/38	39/40	41/42	43/44	46	48	50	52	54
To fit body chest size (cm)	81	89	97	105	113	121	129	137	145	153
To fit body chest size (inches)	32	35	38	41	44.5	47.5	50.5	54	57	60

MEN'S - SHORT													
Size	72	77	82	87	92	97	102	107	112	117	122	127	132
To fit body waist size (cm)	72	77	82	87	92	97	102	107	112	117	122	127	132
To fit body waist size (inches)	28	30	32	34	36	38	40	42	44	46	48	50	52

MEN'S - PANTS													
Size REGULAR	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R			
Size		XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL		
To fit body waist size (cm)	72	77	82	87	92	97	102	107	112	117	122		
To fit body waist size (inches)	28	30	32	34	36	38	40	42	44	46	48		
In-leg length (cm)	77	80	82	84	84	84	84	84	84	84	84		
Size STOUT				87S	92S	97S	102S	107S	112S	117S	122S	127S	132S
To fit body waist size (cm)				87	92	97	102	107	112	117	122	127	132
To fit body waist size (inches)				34	36	38	40	42	44	46	48	50	52
In-leg length (cm) STOUT				80	80	80	80	80	80	82	82	82	82
Size LONG	74L	79L	84L	89L	94L								
To fit body waist size (cm)	74	79	84	89	94								
To fit body waist size (inches)	29	31	33	35	37								
In-leg length (cm) STOUT	84	86	88	88	88								

MEN'S - OVERALLS												
Size REGULAR	77R	82R	87R	92R	97R	102R	107R	112R	117R			
<b>NZ Size</b>	<b>3R</b>	<b>4R</b>	<b>5R</b>	<b>6R</b>	<b>7R</b>	<b>8R</b>	<b>9R</b>	<b>10R</b>	<b>11R</b>			
To fit body chest size (cm)	87	92	97	102	107	112	117	122	127			
To fit body chest size (inches)	34	36	38	40	42	44	46	48	50			
To fit body waist size (cm)	77	82	87	92	97	102	107	112	117			
To fit body waist size (inches)	30	32	34	36	38	40	42	44	46			
In-leg length (cm)	76	78	80	80	80	80	80	80	80			
Size STOUT				92S	97S	102S	107S	112S	117S	122S	127S	132S
<b>NZ Size</b>				<b>6S</b>	<b>7S</b>	<b>8S</b>	<b>9S</b>	<b>10S</b>	<b>11S</b>	<b>12S</b>	<b>13S</b>	<b>14S</b>
To fit body chest size (cm)				102	107	112	117	133	127	132	137	142
To fit body chest size (inches)				40	42	44	46	48	50	52	54	56
To fit body waist size (cm)				92	97	102	107	112	117	122	127	132
To fit body waist size (inches)				36	38	40	42	44	46	48	50	52
In-leg length (cm) STOUT				76	76	76	76	76	76	76	76	76
Size LONG	74L	79L	84L	89L	94L							
<b>NZ Size</b>	<b>3L</b>	<b>4L</b>	<b>5L</b>	<b>6L</b>	<b>7L</b>							
To fit body chest size (cm)	87	92	97	102	107							
To fit body chest size (inches)	34	36	38	40	42							
To fit body waist size (cm)	74	79	84	89	94							
To fit body waist size (inches)	29	31	33	35	37							
In-leg length (cm) STOUT	29	31	33	35	37							